

No Surprise Act

In compliance with the No Surprises Act that went into effect January 1, 2022, all healthcare providers are required to notify clients of their federal rights and protections against "surprise billing".

This Act requires that we notify you of your federally protected rights to receive a notification when services are rendered by an out-of-network provider, if a client is uninsured, or if a client elects not to use their insurance.

Additionally, we are required to provide you with a Good Faith Estimate of the cost of services. It is difficult to determine the true length of treatment for mental health care and each client has a right to decide how long they would like to participate in mental health care. However, we can inform you that each session will be \$150/session.

It is a federal requirement that we have each client sign this form to begin/resume treatment. Please sign before your next appointment. If you have any questions, please don't hesitate to ask.

With your signature, you acknowledge that you are consenting of your own free will, free from coercion, or pressure. You also understand that:

- I agree to pay for out-of-network care and self-pay
- I may get a bill for the full charges for these items and services
- I was given notice explaining that this provider and/or practice is not in my health plan's network, the estimated costs of services, and what I may owe if I agree to be treated by this provider and/ or practice
- I have received notice both verbally and written/ electronically
- I fully and completely understand that some or all amounts that I pay may not count towards my health plan's deductible, co-pay, co-insurance, or out-of-pocket limit

IMPORTANT: You are not required to sign this form, however, if you do not sign, the provider and/or practice may not treat you. You have the right to choose to get care from a provider and/or practice that is within your health plan's network.

For questions or more information related to the Good Faith Estimate, visit www.cms.gov/nosurprises or call (800) 368-1019.